

OC Therapeutic Art Center

2215 N. Broadway

Santa Ana

occtac.org

(714) 547-5468

Ages 6 month to 21. Art, keyboard, guitar, violin, harp, singing, hip-hop, dancing and movement.

Regional Center of Orange County

(714) 796-5100

Autism Society of Orange County

(714) 318-7571

5591 Yuba Avenue

Westminster

questions@asaoc.org

Baseball – South Sunrise Challenger League

Southsunrise.com

Adaptive baseball program for boys and girls with physical and developmental challenges. Ages 4-18. No cost to participate. Games are 1-2 innings long and last 1 hr. All players play defensively and bat every inning. On Saturday mornings at South Sunrise Major League field or Tustin Western Little League.

Karate – Karate for All

Wayne Centra, MOTR/L (over 20 yrs. Experience)

(949) 293-4430 or (714) 731-4668

www.karateforall.org

3002 Dow Avenue, Ste. 406

Tustin

Various OC locations for ages 4 and up with special needs. Basics of self-defense techniques are taught including kicking, punching and blocking. Benefits gross motor, sensorimotor, cognitive and psychosocial functioning.

Soccer – AYSO V.I.P. Division

Colleen Dalit, Coordinator

(424) 221-7983

www.ayso.org/vip

vip@ayso.org

V.I.P. Teams in various locations. Adaptive soccer offered to children of all disabilities ages 4-19.

Swimming – Rio Rehabilitation Institute of Southern California

Roseli Croopneck

(714) 532-3916 or (714) 633-7400 x241

1800 E. La Veta

Orange

Provides adaptive swim lessons exclusive to persons with special needs. Private and semi-private available.