Course Nos. E503 E504 E505 E506

## Orange Unified School District <u>Fundamental Social Skills 1, 2, 3, 4</u> Year Course

Grade: 9-12 Prerequisite: None

Introduction to the Subject:

Social Skills 1, 2, 3, and 4 are courses designed to support and improve communication and interpersonal skills for students with disabilities. The courses focus on meeting the needs of individual students within an environment which supports individual and small group learning. Students will role-play and engage in activities that strengthen their abilities to succeed in the community, home, work and school.

Course Objectives:

- Students will learn to be aware of their emotions and develop strategies for managing stressful situations.
- Students will learn appropriate interpersonal communication skills including reading of facial expression and body language in others.
- Students will be aware of how to act in a variety of social situations.
- Students will be aware of personal boundaries and personal safety issues

Course Overview:

Self-monitoring:

Students will be aware of their emotions and learn strategies to appropriately channel their emotions.

Students will be aware of personal space and appropriate touching of others and others' possessions.

Interpersonal Communication Skills

Students will be aware of emotions and feelings in others and appropriate responses to those emotions.

Students will interact appropriately with peers and adults and be aware of different communication patterns for different groups and situations.

Social Situations:

Students will learn how to access emergency assistance Students will learn to interact appropriately with community service employees such as store clerks, waiters and waitresses, and bus drivers As appropriate, students will be exposed to "hidden curriculum"

## DATE OF LAST CONTENT REVISION: April 2008 DATE OF CURRENT CONTENT REVISION: April 2008 DATE OF BOARD APPROVAL: